# Wk 07:Reflection

What did I do to prepare for class this week? + 5

* What topics were studied this week, and what are their definitions? +5

In this week we studied Commitment and connectedness. Is you will do what you can because you said you could.

* Summarize this week’s scenario?+5

This week we talked about Phillip and how if he talks on this new project will they have time to complete it and will it destroy his family with the time he will be spending on it.

What did I learn from the study material +5

This week we read through some different articles about some tips from a clean coader where it talked about commitment. Along the lines of Say. Mean. Do and how tis alright to say No in situations.

* Why is this week's topic important? +5

It’s important because it’s good to know that if you are in a lead position that saying no to outrageous demands is ok for your sake and for your team’s sake. Talk it though and think about it with them so get a good game plan before jumping in and stressing out.

* How did this week scenario relate to the week’s topic? +5

Phillip was trying to think about how the proposal would affect him and his family and his team members. He as thinking ahead with this experience trying to make a good decision. This is exactly what having a good commitment is. He wants to commit and have a good timeframe to where he can deliver what he says he can.

* How would you explain this week's topics to a person not in this class? +10

This week when we talked about commitment and how it’s important to deliver on what you say. If you are in a leadership position, then your commitments not only affect you, but your teams lives and professional view. It’s ok to say No.

* What is the most significant take-a-way you have gained from your study this week? What do you do, steps, or processes related to this week's topic? +20

That its ok to say no and to come back and with your own ideas and try and come to an agreement with more information. I haven’t had to yet but when there is a time that I am faced with a decision like this I have more confidence in saying no if I feel like its necessary as I see it as something good.

* Why is this week's topic important for teamwork? +20

If your team is feeling confident, then go for it. If you have some doubts, then its ok to say no. Think about it and then come back together. This happens all the time in teams. So, its ok if you say no or have someone say no to you. You can understand where they are coming from as well and can make decisions as a team.

* If this was a religion class, how would you relate this week’s topic to the gospel? +20

Sometimes the lord says no to our prayers or our requests. Doesn’t mean he’s angry with us or not pleased but that we need time to think, make a better plan, then re-ask him with a more thought-out plan in front of us. Did we think to ponder then pray? Then responder and pray again?